

18th Sunday Morning Plan

11th SUNDAY MORNING

// HOW TO FIND COMFORT //

INTRO (5mins)

- Welcome everyone
- Ask them how their weeks / summers have been

GAME (5-10mins)

- Play NAME / NAME GAME or Empires or a different fun Game.

VIDEO (5mins)

- Play the video from YouTube

Link via the website - <https://www.ivyyouth.org/seriesplan>

Link via YouTube - <https://www.youtube.com/watch?v=SRWWR7Z5fCY>

QUESTIONS (10mins)

Start by acknowledging to the youth that grief is normal and acceptable, and experiencing a range of emotions is healthy and appropriate. Help them to understand that the way we express grief is as unique as we are. There is no "right" or "wrong" way to grieve.

- What do you think about Jesus saying blessed are those who grieve? How does that make any sense to you?
- Why do you think Jesus wept even though he knew He was about to raise Lazarus from the dead?
- How does Jesus overcoming death on the cross help you in moments of grief?
- If comfortable open up about a time you lost someone or you had to face grief and how it made you feel towards God (be open), talk about the journey you faced.
- Ask the youth if they have lost someone and how can we pray for you now?

FINISH WITH PRAYER & (optional) A SONG

- Pray for the youth who may have experienced Grief (advise you can stay behind and pray but make sure you're not left alone with a youth, grab another adult).
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